#### §541.32

shaving utensils, etc. You will ordinarily have an opportunity to shower and shave at least three times per week. You will have access to hair care services as necessary.

- (g) Exercise. You will receive the opportunity to exercise outside your individual quarters at least five hours per week, ordinarily on different days in one-hour periods. You can be denied these exercise periods for a week at a time by order of the Warden if it is determined that your use of exercise privileges threatens safety, security, and orderly operation of a correctional facility, or public safety.
- (h) Personal property. In either status, your amount of personal property may be limited for reasons of fire safety or sanitation.
- (1) In administrative detention status you are ordinarily allowed a reasonable amount of personal property and reasonable access to the commissary.
- (2) In disciplinary segregation status your personal property will be impounded, with the exception of limited reading/writing materials, and religious articles. Also, your commissary privileges may be limited.
- (i) Correspondence. You will receive correspondence privileges according to part 540, subpart B.
- (j) Telephone. You will receive telephone privileges according to part 540, subpart I.
- $(\bar{k})$  Visiting. You will receive visiting privileges according to part 540, subpart D.
- (1) Legal Activities. You will receive an opportunity to perform personal legal activities according to part 543, subpart B.
- (m) Staff monitoring. You will be monitored by staff assigned to the SHU, including program and unit team staff.
- (n) Programming Activities. In administrative detention status, you will have access to programming activities to the extent safety, security, orderly operation of a correctional facility, or public safety are not jeopardized. In disciplinary segregation status, your participation in programming activities, e.g., educational programs, may be suspended.
- (o) Administrative remedy program. You can submit a formal grievance challenging any aspect of your confine-

ment in the SHU through the Administrative Remedy Program, 28 CFR part 542, subpart B.

# § 541.32 Medical and mental health care in the SHU.

- (a) Medical Care. A health services staff member will visit you daily to provide necessary medical care. Emergency medical care is always available.
- (b) Mental Health Care. After every 30 calendar days of continuous placement in either administrative detention or disciplinary segregation status, mental health staff will examine you, including a personal interview. Emergency mental health care is always available.

#### §541.33 Release from the SHU.

- (a) Administrative detention status. You will be released from administrative detention status when the reasons for your placement no longer exist.
- (b) Disciplinary segregation status. You will be released from disciplinary segregation status after satisfying the sanction imposed by the DHO. The SRO may release you earlier if it is determined you no longer require disciplinary segregation status.

## Subpart C [Reserved]

### **Subpart D—Control Unit Programs**

Source: 49 FR 32991, Aug. 17, 1984, unless otherwise noted.

### §541.40 Purpose and scope.

- (a) In an effort to maintain a safe and orderly environment within its institutions, the Bureau of Prisons operates control unit programs intended to place into a separate unit those inmates who are unable to function in a less restrictive environment without being a threat to others or to the orderly operation of the institution. The Bureau of Prisons provides written criteria for the:
- (1) Referral of an inmate for possible placement within a control unit;
- (2) Selection of an inmate for placement within a control unit:
- (3) Regular review of an inmate while housed in a control unit; and
- (4) Release of an inmate from a control unit.